



Caroline Bay was humming as crowds flocked to this year's Rock and Hop. Photographs courtesy of Brian High

## Rock and Hop simply fantastic

What can we say ... the Caroline Bay Rock and Hop was a huge success and we couldn't have hoped for more.

The great weather on the Saturday gala day on March 18 certainly helped, and there was a feeling that people were just looking for an excuse to socialise after Covid impacting on so many events.

From Hospice South Canterbury's perspective the \$160,000 profit was simply fantastic, but equally satisfying was providing an event that benefits the district not just economically but also socially.

There was a great vibe from the Thursday on and what a showcase on Caroline Bay on Saturday with hundreds of amazing cars, 150 stall sites and heaps of entertainment. Many people commented that they'd never seen so many people on the Bay.

It is hard to know just how many attended due to people coming and going throughout the day, but we do know donations in our buckets were up 50% on 2021, and that was a record year.

And while local people came out to support the event the cars came from far and wide, with more than 650 of the 1000 registrants coming from outside the district. A number of these registrants made a point of telling us that our event was as good as if not better than any car event in the country.

We are fortunate of course to have Caroline Bay, but equally our position in the South Island, the support of our rural towns, and the welcoming attitude of locals all contribute.

We introduced a new event this year, the Laps at Levels cruises at the Timaru Raceway. This went very well and we look forward to building on it next year.

The Friday cruise to Geraldine and activities again worked well and the Friday night cruise through the main streets of Timaru, Pleasant Point and Temuka was a highlight. Some car registrants enter for the cruise alone. Noticeable this year



was the increase in spectators away from the main streets, although Temuka was buzzing as usual. Later on Friday was the only time the weather didn't behave with a front coming through late in the cruise.

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## Rock and Hop cont...

On Sunday Waimate retailers opened and provided entertainment for that day's cruise with participants also having the option to go on to Oamaru where a jazz festival was on.

There are so many people to thank for making our event possible. The volunteer committees that make it happen and their passion drives us all. Similarly the hundreds of volunteers we call on for the event itself. We couldn't do it without them.

We have had great support from the Timaru District Council and Venture Timaru, with the latter now working on an economic impact report from the event.

Our sponsors are numerous, and in particular we would like to thank Ellis-Lea Farm plus those many businesses who provided not just financial support but goods in kind and labour.

Other key sponsors include MTF Timaru, Alpine Energy, Highlands Motorsport, SPF Websites, Geraldine Auto Restorations, Media Works, Mitre 10, Heartland Chips, Rapid Relief Team, ProMed and Timaru Signs Graphix.

**Peter O'Neill**  
General manager



Photo left: Event and marketing manager Kim Rogers (right) enjoying a dance on gala day with super raffle seller, Anita Chapman.



Photo below: The Rock and Hop committee busy stuffing envelopes pre-event. Clockwise from left are Kim Rogers, Darlene O'Neill, Bevan Cunningham, Phil Rooke, Debbie Kingan, Stu Jenkins, Jill Pearce and Phil Sanders. Absent Mary-Jean Wood. Peter O'Neill is taking photo.

## Donations allow us to continue to support families as indicated in the following story.

From the family of Jean Whiting, who spent two weeks at Hospice in February-March.

To the wonderful staff, volunteers and support workers at Hospice South Canterbury.

We want to say how grateful we are that Mum could spend her last days in such a calm and supportive environment. Thank you all so very much for the care and kindness that you showed to Mum and our family, it was incredible how supported we all felt. It meant so much to us all that we were allowed to stay with Mum around the clock, enabling us to help and care for Mum as much as we could and of course spend special time with her.

We all appreciated the way Mum was treated with care, patience, respect and dignity, and how nothing was rushed or too much of a problem and that everything possible was done to keep her comfortable. Mum never wanted to be the

focus of attention or to feel that she was a problem and your kindness and gentleness meant she didn't feel like she was a burden or a nuisance.

Thank you so much for respecting our faith and for listening to and answering our questions honestly. Thank you also to staff who spent time when they could, talking to us and explaining things and comforting us with hugs too.

Mum found something nice to say about each and every person she interacted with while in your care and we wholeheartedly agreed.

The staff (including volunteers and support) are what makes Hospice such a special place. You all made what was an incredibly difficult time for us significantly better and your love and care made such a difference.

Thank you

## Special thanks to regular supporters -



Thanks to Gordon Ireland of Fire and Safety Training, staff are now better prepared in case of fire with a practical exercise in November. Gordon gave freely of his time with staff using different extinguishers on different types of fires. Complimentary therapist Doreen O'Sullivan is pictured here in full blast

# LIFE MEMBERSHIP AWARDED

There was a good turnout to our annual meeting in December where Robert Vincent was awarded life membership.

Board chair Peter Cosgrove acknowledged Robert's long and strong advocacy of Hospice both in his role as a partner in RSM Law and also personally.

Robert was involved in forming the incorporated society in 1989 and the trust deed for the Community Trust Hospice Foundation. Through the years he has freely provided legal advice and services on property transactions and other matters, and RSM law has actively supported fundraising events.

Robert humbly accepted the award and expressed his pleasure in being able to support the organisation.

The guest speaker on the night was Karl Te Raki.

Karl is an advisor to the Te Aka Whai Ora/Maori Health Authority. He described how he is working to engage with other health organisations and the local community to find out what their health priorities are and how best these can be met in the new health environment.

He also shared how he saw processes evolving and the geographical range of where localities could be defined.

After seven years as chairman Peter Cosgrove stood down, with Ant Ford elected in his place.

General manager Peter O'Neill acknowledged the support Peter had given him and the staff during his tenure, with much change during that time.

The number of patients and families supported rose from 160 to 200 a year and bed occupancy increased from 55% to 80%; hospice supported the employment of palliative care specialist Dr Catherine D'Souza, the Caroline Bay Rock and Hop began and a second shop was opened, and Peter helped guide the organisation through Covid.

Peter said he had enjoyed his time as chairman, and noted how the organisation had grown over time. He also acknowledged the input of Board Member Bill Taine, who was also stepping down.

Officers elected at the annual meeting were:

**Chairperson:**

Ant Ford.

**Deputy chairperson:**

Jo Goodhew.

**Immediate past chair:**

Peter Cosgrove.

**Secretary:**

Marie Hargadon

**Treasurer:**

Ant Ford.

**Members:**

Ash Pierce, Liz Andrews, Jenny Carter-Bolitho.



*New board chairman  
Ant Ford*



*Board chairman Peter Cosgrove presents Robert Vincent with life membership of Hospice South Canterbury.*

## TOOT TOOT LISA CREBA

Nurse team leader Lisa Creba was rewarded for many hours of hard work in her own time with a graduation ceremony in Christchurch in April.

Lisa passed her Postgraduate Diploma in Health Sciences at the University of Canterbury with Distinction, Endorsed in Palliative Care. She did so with A+ exemplar results. That's pretty special.

The diploma took three years of study while also working at Hospice and bringing up a busy family. As we say within Hospice, toot toot Lisa.



## RSA award for Jill Pearce

Hospice admin guru Jill Pearce is active also in the community and many years of service to the South Canterbury Returned and Services' Association has been recognised with a special award.

Jill has been on the executive committee and remains active through the Remembrance Army maintaining headstones at the cemetery and organising Poppy Day and Anzac Day activities.

Congratulations Jill and toot toot to you too.



## Room 1 extension, from this ...



Room 1 of the inpatient unit has been vastly improved by replacing the exterior window with a glass sliding door. Our other bedrooms already have sliding doors.

The room is now far brighter with an outlook to the garden. Outside we have also created a seating area and pergola, which is being appreciated by patients and visitors.

The work has been done by Colin Shore Building and has been paid for by the Hospice Foundation, which owns our buildings and is funded mainly via bequests to Hospice.

## to this ...



## Helping others



Hospice staff donated again to the Family Works Christmas Angels initiative where families in need receive Christmas gifts anonymously.

Co-ordinated by Manager of Volunteering Ange Rattray, staff took pleasure in knowing they were making a difference to a particular family. Pictured is Jan Hide on behalf of Family Works receiving our gifts.

## CERTIFICATION RENEWED

Hospice South Canterbury's Ministry of Health certification was due for renewal in March and an audit was conducted in late January towards this.

The audit involves quite a bit of preparatory work by Clinical Nurse Manager Faye Gillies and two auditors were here for two days. They subsequently made a number of positive comments about our Hospice, and our certification was renewed.

There was only one corrective action (around the amount of emergency water stored on site) and this is being addressed.

Certification can be for three or four years, and ours has been renewed for another four years. This is a tribute not just to Faye but to the whole team in the way the unit is run.

## Volunteer function well attended



The Christmas volunteer function was held at the West End Hall this year and the venue worked well.

Staff and board members enjoyed the chance to say thanks albeit in a small way to the many volunteers who allow us to provide the special service we do.

Around 100 people attended and everyone enjoyed themselves. Huge thanks to you all for what you do.



Hospice staff preparing food for the function. From left Angela Rattray, Ann Brown, Nyomi Shaw, Kim Rogers, Sue Linwood, and Jill Pearce

# Another great charity bike ride

The Central South Island Charity Bike Ride went ahead in February with a full run around the lakes following a reduced format in 2021 due to Covid.

Rider numbers were slightly down on normal at 85, making the \$106,000 raised all the more impressive. Hospice's share as the cornerstone charity was \$37,100 which brings the amount donated to Hospice in our 16 years of involvement to \$850,000.

Hospice's main contribution to this amazing event is to provide the administration which is handled by our Manager of Volunteering Ange Rattray. There is a lot involved in this and Ange does it brilliantly.

Also on the bike ride committee is our counsellor Catherine Richardson who is the life of the party during the ride itself and a great ambassador, and our riders



*Hospice counsellor Catherine Richardson loves cheering the participants on during the ride.*

this year were Catherine's husband Brent and Dr Catherine D'Souza. Unfortunately Dr Catherine was able to make it to just the third day due to her patient load on the first two days.

GM Peter and Ange also represented Hospice as support drivers.

Next year is the ride's 20<sup>th</sup> which is remarkable, with a large number of riders anticipated.



*Clinical nurse manager Faye Gillies did the honours in receiving the charity bike ride money from ride chairman Neville King. Other charity recipients are in the background.*

## Busy year for 54church

We have noticed this year that Timaru must be on a growth spurt, and due to the generosity of our local communities we have been able to help newcomers set up home. All these sales go directly to support our Hospice, a win-win for the whole community.

The only good thing to come out of Covid was to push us to launch our online sales, which is a great success, not just for sales but also for community awareness. It has been amazing how far reaching one online post can go, and some of our posts get a thousand views within a day!

Needless to say that without all of the lovely people of Timaru district who drop off their donations, and our faithful shoppers who support us, 54church wouldn't be able to celebrate such success, so thank you Timaru.

I also can't praise my 54team of volunteers enough for all the hard work that they do to keep a busy shop like ours well stocked. You guys are legends. If anyone out there want to join us, please come and see me.

If you haven't paid us a visit yet, you will be amazed at what you can find in our eclectic collection of treasures. And if you have tired of some of your treasure and want to donate it, please drop off at the shop or call us to book a pick-up.

**Noeleen Gillson**  
54Church shop manager



*The new mural on the front of 54Church looks great, and was a real family affair with shop manager Noeleen roping in husband Joe and daughter Amber. Very creative family.*

## Orbell St shop ready for winter

Here at 68 Orbell Street we have been busy with an end-of-season sale followed up by new winter stock into the shop with an impressive range of winter coats to keep you warm this winter.

Our bric-a-brac displays have been a very warm welcome of blue and white and multi-bright as you walk in the door. These are about to change to a fresh new look so be sure to come and check it out.

Wow what an amazing rock and hop, so much fun with a great atmosphere .

Our store was abuzz all day with people from all over New Zealand enjoying our retro and vintage products.

I would like to put a personal thank you to Denise Whyte, Jill Kitto, Megan Dooley and Kath Smith who with a team of fabulous models made the runway fashion show amazing. What an amazing team so looking forward to next year's event already.

Lastly thank you to all the amazing donations that we get at the shop which gives us the chance to turn second hand goods into first class care for Hospice.

**Jo Sullivan,**  
68 Orbell Street shop manager



*The Timaru District Council has obliged with two street signs directing people to our Orbell Street shop.*

# Staff comings and goings

Well, not quite a new staff member but RN Jornet Gonzales gave birth to a son, Kal-El Jenesis Vidal Gonzales, on February 13. He's just beautiful - congratulations Jornet and Jonathan.



## MARIAN WRIGHT

We farwelled a special woman in Marian Wright in November who retired after seven years as our dedicated cook. Marian is missed not just for her wonderful food and the caring way she treated all people, but also her ready laugh and regular updates on her trials and tribulations with her pet dogs. She was also known for her parting phrase each day "let's do it all again tomorrow".



We said goodbye with a lovely afternoon tea at her daughter Kay's home, and wish her all the best in a well deserved retirement.

## CHERRY SICAT

Registered Nurse Cherry joined our team in September '22 with permanent shifts. Cherry has trained and worked in the Philippines. Worked in the United Arab Emirates, and more recently in Aged Care and Medical ward in New Zealand.



## SUE LINWOOD

In October we welcomed Sue Linwood as our new cook. Sue has had restaurant and rest home experience, but she came to us from early childhood. Sue has fitted in well and has great empathy with patients.



## CHRISTINE TORIBIO

Registered Nurse Christine joined us in October '22 with permanent shifts. Christine is mum to daughter Charlotte and wife to Ronan. Christine has nursed in Philippines and Kuwait. And has recently worked as a data analyst and as a telephone triage nurse contracted to Healthline.



## DAVID DUTHIE

David joined the Family Support Team as a Spiritual Carer (Chaplain) in December 2022. David has a varied background with experience working with school children, young people and families, in schools, churches, prison and recruitment services. This role is job sharing with our second worker and visiting every patient, if they wish, twice a week.



## ANDREA CALLAGHAN

Registered Nurse Andrea joined our team in December '22 on the casual pool. Andrea is a busy mum to children Leo and Lucy, and a crop farmers wife to Cameron. Andrea has extensive experience in cardiology, medical and district nursing.



## CARMEL MCLAREN

Carmel is our second Spiritual Carer (Chaplain) and joined our team in December 2022. Carmel is a young married mum formerly from South Africa. Carmel has a work history in marketing, public relations, admin and visiting Aids patients in a government hospital in South Africa. Carmel job shares and visits our patients every fortnight to support them, listen and to just to be-with them.



## CONGRATULATIONS CARRIE

RN Carrie Cooper celebrated 15 years with Hospice in February. At an afternoon tea to mark the milestone Carrie reflected on her time but also made special mention of what a privilege we all have in being able to care and comfort patients and families on their end-of-life journeys.



## CYRUS LOMUNTAD

Registered Nurse Cyrus joined our casual pool this month of April. Cyrus trained and worked in the Philippines and then has worked in the UK. Cyrus currently works at Timaru Hospital Emergency Department but has a keen interest in caring for our palliative patients.

# Hospice Awareness Week

15 to 21 May

As part of the National Hospice Awareness Week Hospice South Canterbury would like to invite you to the following free events:

## ADVANCED CARE PLANNING - YOUR LIFE, YOUR HEALTH.

Tuesday 16th May 10-11am or 5:15-6:15pm @ The Hospice Community Cottage, 70 Orbell St, Timaru.

We plan for everything else in life except the end of it. Join us as we discuss various aspects of advanced care planning with Diane Wilson (Hospice EN). Feel free to bring your questions.

## BURNING OF THE CARDS FROM THE FARMERS TREE OF REMEMBRANCE CAMPAIGN.

Tuesday 16th May 11:30-12:00 @ The Hospice Community Cottage, 70 Orbell St, Timaru.

## WILLS, POWERS OF ATTORNEY, LEAVING A LEGACY

Wednesday 17th May 5:30-6:30pm @ The Hospice Community Cottage, 70 Orbell St, Timaru.

This session will be led by Robert Vincent, partner at RSM Law, on writing your will and setting up Enduring Powers of Attorney.

A member of the Community Trust Hospice Foundation will also discuss how you can Leave a Legacy for the benefit of future generations.

## LET'S TALK ABOUT DYING.

Thursday 18th May 5:15-6:15pm @ The Hospice Community Cottage, 70 Orbell St, Timaru.

An interactive sharing of wisdom and leaning about dying as we seek to dispel the myths surrounding one of life's inevitable processes.

*You are welcome to join in a guided tour through the Hospice after any of these events.*

**Phone (03) 687 7670 for more information.**

To assist in planning, please indicate your interest -

phone (03) 687 7670

or email [support@hospicesc.org.nz](mailto:support@hospicesc.org.nz)

# A DAY OFF SITE

Hospice staff rarely have an opportunity to get together all at once due to the nature of our work, but that we did on April 5 for a fun afternoon.

The aim was one of reconnecting after two plus years of Covid and increased workload pressures, with 28 paid staff able to attend. Hosted by Jo and Barry Taylor in their rural setting, staff were split into four teams for a variety of activities. Fair to say the competitive streak emerged in many.

It was a great day which concluded with a barbeque and was made possible thanks to casual staff and volunteers who kept the inpatient unit and the shops running for the afternoon.

GM Peter O'Neill thanked everyone for their extra efforts over the last two years, for supporting each other and for their passion in everything they do. This was endorsed by board chair Antony Ford.

A good day for all.

*Jornet and Kim attempting to knock down water bottles with their "elephant trunks".*



## Special donations

Farmers campaign: The year began with some welcome donations from different sources.

The Farmers Tree of Remembrance campaign, where Farmers store staff ask customers if they wish to donate to Hospice, raised \$15,292 for Hospice this year.

Thanks to the Farmers team and also the public for again supporting this. Over the last seven years we have received almost \$150,000 from this initiative.

## Out of the blue

Unexpectedly but hugely appreciated was a donation of \$45,000 in March from the Pareora Sickness Benefit Society.

The Society served an important purpose in times past supporting workers and their families when prolonged sickness or injury struck. A fund was built up through regular contributions from workers, but the society has now been wound up. Hospice is honoured to be a recipient of this very generous donation.

## Christmas good cheer

**Jenny and Gordon Leslie** opened their home, Heatherlie House, for two nights in the lead-up to Christmas with impressive displays of Christmas trees in each room.

Public donations, and the sale of donated baking and plants, saw \$2534 raised for Hospice. The Orbell Street shop opened in conjunction on the same nights and made \$1852, so a great initiative all round.

Thanks also to **Sha and Peter Harber** who once again selected Hospice to receive proceeds from opening their Christmas display to the public.

They spend months setting up their incredible display of lights, festive towns, trains, planes and you name it ... it is hard to know where to look. The public (especially children) absolutely love it, and this year the couple raised \$4823. Just fantastic.

# Yes, we still need support

This newsletter contains a number of good news articles on the funding front.

The Caroline Bay Rock and Hop resulted in a record \$160,000 profit, we received \$37,100 from the Central South Island Charity Bike Ride; \$45,000 from the Pareora Sickness Benefit Society which was being wound up; \$15,292 from Farmers Timaru from the Tree of Remembrance campaign; and \$5000 from Harcourts.

We have also been fortunate in receiving a \$150,000 grant from Pub Charity for which we are hugely grateful, and our shops are performing well.

Individuals and businesses continue to support us in numerous ways.

Sadly we need this level of support to maintain a level keel, to be able to deliver special care to a growing number of people.

After our Government contracts (and we are grateful to have just received a boost to increase nurse wages), our shortfall this year is \$1.5million.

So we are still appreciative of your support. Indeed, it remains vital. For individuals, donations via the form on this page all add up and make a real difference, while our Virtual Coffee Club is a non-painful and simple way to contribute.

The idea is people pay \$5 a week or \$20 a month (a cup of coffee a week) via internet banking. If you'd like to join, set up a regular payment to our bank account 03 0887 0348568 00 and then contact us via email (support@hospicesc.org.nz) or phone 03 687 7670 so we know who you are.

There's even real coffee involved when we invite you to join us for an update on where your money is going.

And remember, all donations stay in South Canterbury, and are spent on the care and support of local people and families.

**See the story on page 2 which shows how your donation makes a real different.**

## Yes! I would like to support the work of Hospice South Canterbury.

- Donation \$   
Online banking donations, see below, or; visit website [www.hospicesc.org.nz](http://www.hospicesc.org.nz), click Support Us
- Friends of Hospice Annual Subscription (\$20 per person).
- I would like to receive information regarding leaving a bequest in my Will.
- I am interested in learning more about becoming a Volunteer
- I would like to know more about making a regular donation

Name

Email

Address

Phone

My credit card number is

Please circle  VISA  Mastercard  Exp Date  /

Cardholder Name

Signature

As a security measure our admin staff will call you for your CVV number.

**Eftpos** Swipe your eftpos card or drop off cash at our reception during office hours.

### Online Banking:

We gratefully accept direct donations to our account **03 0887 0348568 00** and ask that you include your name as a reference and use the code **NL08**.

We need to receipt your donation so can you please fill in the form above or email your name, address and amount donated to support@hospicesc.org.nz (or phone us on 03 6877670 ext 0) and we will send one out.

Scan the QR code to make an online donation



Names and addresses are held in accordance with the Privacy Act 1993 and are only used for Hospice South Canterbury purposes. If you do not wish to be kept informed about the work of the Hospice South Canterbury please contact the office, ph 03 687 7670.

## WISHLIST

We would be grateful for donations of any of the items below:  
Biscuits; jelly and instant pudding – Greggs; tinned peaches – Watties; tinned tomato soup; tissues; 9v Evolta blue batteries. For our shops: Old sewing (used/unused) patterns, the tissue-paper ones; Sard; CRC; dishwasher detergent.

## Grants

Pub Charity \$150,000; Perpetual Guardian – VMD Collier Trust \$5,000; Perpetual Guardian Est Hutton \$4,551

## Donations from groups, organisations

Pro Med \$250; Timaru Philatelic Society \$392; SC Women's Institute \$500; SC Rural Women NZ Provincial Charitable Fund \$500; Geraldine Summer Fete \$800; Timaru Girls High School – Year 10 \$294-60; Craighead Diocesan School – Year 10 \$70; Industrial Controls \$5,000; St Joseph School Temuka \$115-90; Solve Chartered Accountants \$50; This Way Limited – Good in the Hood (Z Caroline Bay) \$1,625; Pye Group \$1,255; Cavaliers Country Music Club \$750; Town & Country Club Poppy Friendship section \$80; Farmers Timaru \$15,292; Havana Coffee Works \$500; Footes Ltd \$30; Combined Timaru Evening Methodist Women's Fellowship \$1,200; Blackham & Co Real Estate Harcourts \$5,000; Silver Fern Farms Pareora Sickness Benefit Society \$45,000; Mountainview Mens Probus Club \$550; Temuka Nifty Thrifty Charitable Trust \$250; donors to the Caroline Bay Rock and Hop Lucky Ticket draw, Ellis-Lea Farms \$10,000 first prize, Lakestone Lodge Lake Pukaki \$1,550 2nd prize, MTF Finance Timaru \$1,000 third prize, Pak n Save \$1,000 fourth & fifth prizes.

## Special Mention

Jeff Domigan \$3,165 busking at supermarkets; Shayne Broughton \$75 trailer hire for Hospice; Jo & Mark Goodhew Dine for Hospice Brunch \$1,330; Sha & Peter Harber \$4,823 Christmas House fundraiser; Jenny & Gordon Leslie \$2,534 Christmas House fundraiser. Garbo Rubbish Removals.